



The Gap Women's Football Newsletter

Mens—HOME GAME
Friday 18th June 2010
The Gap v Grange Thistle
6.30pm Reserves
8.30pm Premiers

INSIDE THIS ISSUE:

Under 16's Report	1
Women's Committee	1
Coaches Support	2
For the Diary	3
Under 12's Report	3
Under 13's Report	3
Under 14's Report	4
In the Canteen	5
Sponsors	6
Women's Premier Cup Match Details	7

ISSUE 13

DATE: 117TH JUNE 2010

U16 Girls Match Report v Peninsula Power

Gap 3 Vs Peninsular Power 6

We knew this game would be tough and it was. After 2 minutes we were down a goal but it didn't take long for Sophie to burst down the left and score an equalizer. Gabbie and Camilla combined well and Perri kept them busy down the right. Sofie Tess Ella and Alice were constantly having to scramble back and it wasn't long before we were 5-1 down. Bella had lots of work to do and did some good dives and saves. Just before half time Milyka got the ball to Camilla and she scored a great goal to make the half time score 5-2. The second half was a lot more even. Peta and Hayley worked tirelessly. Unfortunately Tyler and Tess were injured and had to go off the field. Sophie crossed the ball and Perri found the back of the net 5-3. Peninsular got one more goal before full time to make the final score 6-3. Good effort girls against a very tough side.

Proudly sponsored by Pizza Capers, The Gap

Women's Committee Jobs To Be Done

Thanks to Leesa Rankin for putting her hand up to organise the 5 and 10 year medals. Leesa has already done a lot of work this year for the club in helping to organise the fund raising Art Union.

Gay Lecomte (who is already a team manager and our equipment officer) is going to do the catering for the end of year function this year. It would be nice if someone else offered to do the other arrangements. Please consider if this is the contribution to the club that you can make.

We certainly are going to need some new faces on the committee in the next few years and a good place to start is with a small job.

Thanks

Laura Brunning

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Kirkland*

Anytime I score a goal is a highlight for me, especially since I've been a defender—because it's a rare occurrence.

To keep improving and win the grand final this year.
Shannon Barrow



Support for our Volunteer Coaches - How Can Parents Help?

Dear Parents

From time to time parents of girls in our Women's Division have spoken to me with a complaint about the coach of their particular child's team.

Parents may not understand that over the years we have struggled to get and keep coaches for our junior girls' teams. One particular reason for this is the behaviour of the girls - at training and during games. The coaches simply do not see it as their job to constantly tell the girls to be quiet and to do the drill being asked. Constantly being asked during a game if you can go back on or change position is also difficult to manage.

One thing that we can all do to help is to ensure that our girls understand that they need to do as the coach asks, during training and during games. If you see your child running laps during a training session - ask them why they were mucking around during training. If they spend extra time on the bench during games - ask them if they misbehaved during training.

Parents can also help by not shouting out instructions during games "Kick it" is a favourite of parents, but not particularly helpful from a coaching point of view. Try to just shout encouragement - not direct coaching instructions. This countermands the coach and confuses the girls. Any parent interested in coaching a team next year should speak to our DOC Wayne Hammond.

Issues regarding coaching should be directed to Wayne Hammond, the Women's Division Director of Coaching - you can email Wayne at wayneahammond@yahoo.com.au; or alternatively issues can be raised at the Women's Committee meetings - dates and times are published in the newsletter, but we normally meet on the first Monday of the month at the Coffee Club, The Gap at 6.00pm.

We are very lucky to have such a strong girls division at the Gap, however there is an expectation that there will always be a coach, a manager, a committee and people to do all the jobs that needs to be done to ensure that there is a team for your daughter to play in. I know not everyone can help out, but everyone can ensure that their child behaves in a respectful and appropriate manner.

Thanks

Laura Brunning

Women's Division Secretary

Round 12—HOME GAME
Saturday 19th June 2010
The Gap v Mt Gravatt

4pm Reserves

6pm Premiers

For the Diary—Premier & Reserves

Round 12—HOME—Saturday 19th June 2010 against Mt Gravatt
Start time 4pm Reserves and 6pm Premiers

Round 13—AWAY—Saturday 26th June 2010 vs Eastern Suburbs

Round 14—HOME—Saturday 3rd July 2010 against Ipswich Knights
Start time 12.45pm Reserves and 4.45pm Premiers

Round 15—AWAY—Sunday 18th July 2010 vs South United

Round 16—HOME GAME Saturday 24th July 2010 against Redlands
United. Start time 4pm Reserves and 6pm Premiers

Round 17—AWAY—Saturday 31st July v Toowoomba Raiders



Cold frosty morning - Under 12's

The Gap U12 Girls played Bayside United on Saturday 12 June. It was a cold morning with the girls eager to warm up with a run round the field. The opposition were first to score with Miki scoring an equalizer. The opposition were then quick to score again, making the score 2-1. A great run and good passing led to an equalizer from George, who finished off a shot from Miki to take the score to 2 all. Unluckily the opposition scored twice more to take the lead to 4-2. The score didn't change with Bayside defeating us. The girls ran well and tried hard. And as I always say, "A loss drives us to do better, run harder and from it we take the positive aspects and use this to be better sports-persons". Our Captain for the match was Kristi. We welcomed back our goalie Tash, who I may add, did a fantastic job in saving many goals on the day. Thanks to our the girls for their continued effort and commitment to our team.

Mel Hogan, Coach

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Under 13's Match Details

Saturday 12th June 2010—9.00am Redlands United v The Gap

At Cleveland Showgrounds

Redlands United 1—The Gap 0

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First Major Loss for the Under 14s

When a football game starts well, you know that the whole match is going to go your way. Unfortunately, this wasn't the case for the Under 14s' game against Redlands last week. Four minutes in, Redlands scored their first goal. Seeing as how Redlands had a goal difference of 18 after a mere three games, The Gap hadn't expected an easy game, but Redlands played better than anyone had thought possible.

The Gap gave it all their all from then on, but in the eighth minute, Sarah messed up her first touch right in front of the goalmouth and scored an own goal. The whole defence line tightened up their act after this incident, and thankfully this didn't happen again.

It didn't help that The Gap was missing quite a few players - Lucy Ford, Sarah Serena, Brooke, and Nikola were all away for different reasons, so they only had one reserve. Meanwhile, Redlands had at least three substitutes to keep their players playing at full potential. Twenty minutes in, Redlands scored their next goal, making the score 3 nil. The Gap was starting to feel depressed. This was the worst they'd played all season, and it was at the worst possible time - Redlands were flawless, making each pass with perfect precision and not allowing The Gap to get near the ball. This all-out approach once again payed off for Redlands when they scored with two minutes to go in the first half.

Everyone in The Gap made at least one mistake throughout the course of the game, but if Priyangha hadn't been in goals they would have been a lot worse off. The Gap came back on after halftime with a new mantra - the first half didn't matter; concentrate on winning the second half. This proved to be highly effective, as everyone's game started to pick up. However, all of the Gap players were getting tired - it seemed as though every Redlands player could kick the ball halfway up the field. They were faster, better kickers, and had more strategies - The Gap didn't stand a chance. Three minutes from the end of the game, Redlands scored a final time, making the score 5 nil.

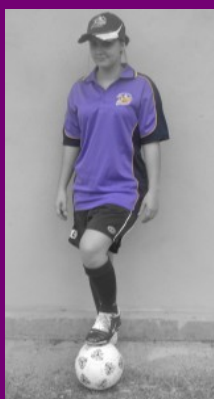
It was a good character-building experience for The Gap, and they learnt a lot from that game. One spectator commented, "The Gap need to stop kicking it down the middle of the field. If they kicked it to the sides more, The Gap would've had a better result." While it wasn't the result they were looking for, it could've been a lot worse, and The Gap now know what they're up against. Hopefully during Friday's game at Olympic's home ground, they'll remember the skills that they seemed to forget during the game against Redlands.

By Sarah Clark

"If you're trying to achieve, there will be roadblocks. I've had them; everybody has had them. But obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."

Michael Jordan





In the Canteen:

This is it: Last Week Gap Pastime Club Art Union

Ticket stubs must be returned to the collection box in the canteen before 11.00am on Saturday, the 19th June.

The Canteen is open:

Tuesday, Wednesday, and Thursday 4pm to 7pm

Saturday 7.30am to 2pm

Sunday 9am to 11am

Football Quiz:

Q1 Which country won the 1930 World Cup?

- | | |
|---------|---------|
| Uruguay | England |
| Italy | Brazil |



Soccer Rules:

Q2: Goalies can use hands everywhere?

True or False

Answers: Sponsors page 6

**"Work hard,
play hard,
have fun,
go far."**

**Rebecca
Kirkup**



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**We would like to thank our wonderful
team and club
sponsors, please show them your support!**

Answer: Q1: Uruguay Q2: False

"A professional football team warms up grimly and disparately, like an army on manoeuvres: the ground troops here, the tanks there, the artillery and air force over there." Ted Solotaroff

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Women's Premier Cup Match

Sunday, 11th July 2010

Round 2

The Gap v Pine Hills

Walton Bridge Reserve

4.00pm kickoff
